SWINE FLU PREVENTION

If you have flu-like symptoms, go to the Student Health Center immediately.
Corner of Alumni Blvd and Stadium Blvd. (Next to the Football Complex)
870-972-3093

PRECAUTIONS

• Avoid close contact with people who are sick.

• Stay home when you are sick.

• Cover your mouth and nose with a tissue when coughing or sneezing.

• Wash your hands often will help protect you from germs.

• Avoid touching your eyes, nose or mouth.

• Get plenty of sleep, be physically active, manage stress, drink plenty of fluids and eat nutritious food.