

# The 7 Minute Strategy For Breakthrough Success

It's time to start a new revolution, a "7 Minute" revolution.



## Register Today!

Register by calling the  
Delta Center for  
Economic Development

# 870.972.3850

Space is limited to the first 50 registrations.

### Cost:

Individual \$279.00\*  
\*per person

Early Bird \$249.00\*\*  
\*\*register by October 1st

Groups of 5 \$199.00\*  
\*per person

We hope you will join us for this **revolutionary** one-day workshop  
In partnership with ASU Delta Center for Economic Development  
5501 Krueger Drive, Jonesboro, AR

## Thursday, October 22nd, 2009

8:30am to 4:30pm  
Lunch will be provided

### Leadership . Time Management . Productivity

By prioritizing your core values, organizing your goals into a plan of action, and simplifying your daily focus, you can accomplish whatever you set your mind to and live the life you want.

**The 7 Minute Life™** will help you unlock your purpose, potential and passion to transform your professional and personal lives. Focusing on activities that capture your attention and excite your soul gives you boundless energy and provides a new sense of meaning and fulfillment. Now is the time to pro-actively determine where your focus will be and how you will live the rest of your life.

### You Will:

- Learn how to focus your attention like a laser beam and accomplish more than you ever thought possible
- Gain amazing insight into how your brain is hard-wired and how you can more effectively work with your strengths and tame your personal challenges
- Be given 21 tangible time management tools to reclaim the minutes in your day
- Increase your productivity with one piece of paper
- Find out how breakthrough scientific discoveries can modify your daily work habits for sustained positive personal change
- Unlock 6 steps to personal change
- Leave with new knowledge, concrete tools and a 90 day game plan for your success

**You should attend if you are a:**  
**Senior Executive**  
**Business Leader**  
**Frontline Manager**  
**Self-Employed**  
**Government Employee**  
**Sales Person**  
**Educator**  
**or, if you simply love to learn**

**Delta Center**  
for Economic Development ASU  
Professional and Workforce Development ARIZONA STATE UNIVERSITY



prioritize. 



organize. 



simplify. 