



SWINE FLU PREVENTION

*If you have flu-like symptoms, go to
the Student Health Center immediately.*

*Corner of Alumni Blvd and Stadium Blvd.
(Next to the Football Complex)*

870-972-3093



PRECAUTIONS

- **Avoid close contact with people who are sick.**
- **Stay home when you are sick.**
- **Cover your mouth and nose with a tissue when coughing or sneezing.**
- **Wash your hands often will help protect you from germs.**
- **Avoid touching your eyes, nose or mouth.**
- **Get plenty of sleep, be physically active, manage stress, drink plenty of fluids and eat nutritious food.**